

| SEPTEMBER | | | | |
|------------------------------|---------------------------|----------------------|--------------------------|---------------------------|
| Monday | Tuesday | Wednesday 6th | Thursday 7th | Friday 8th |
| | | Chicken Caesar Salad | Pasta & Bean Salad | Hot Ham & Cheese Sandwich |
| 11th | 12th | 13th | 14th | 15th |
| Cheese Tortellini & Marinara | Roasted Chicken Drumstick | Chef Salad | Cheese Enchiladas | Turkey & Cheese Croissant |
| 18th | 19th | 20th | 21st | 22nd |
| Shells & Cheese | Quiche | Taco Salad | French Bread Pizza | 1/2 Day No Lunch Service |
| 25th | 26th | 27th | 28th | 29th |
| Penne & Pesto | Loaded Baked Potato | Asian Salad | Caribbean Chicken & Rice | Cheese Steak Sloppy Joe |

All Golden Compass lunches are served with a portion of fruit and vegetables. We use produce from the farm everyday such as eggs, pasturized goat's milk, and vegetables (while the harvest lasts). Gluten - free and vegetarian options are available daily. Golden Compass lunches are the work of the Farm School and are prepared and served by the adolescents. If your student is gluten - free, vegetarian or has other food allergies and is participating in the Golden Compass lunch program please email the Kitchen Manager, Pamela Kohlman, pkohlman@compassk12.org.